

Introducing Your Member Portal and App

Browse benefits. Request services. Enjoy 24/7/365 access.

PETER MILLAR

Your Assistance Program offers a wide range of benefits to help improve mental health, reduce stress, and make life easier—all easily accessible through your member portal and app.

Video, Chat, and Telephonic Access

24/7/365 access to request mental health sessions and life management referrals

Thousands of Self-Care Articles and Resources

Explore videos, provider resource locators, personal assessments, calculators, and tools

Events Calendar and Free Webinars

Sign up for the latest webinars and online training sessions

Exclusive Discounts

Save money on entertainment, gifts, travel, and consumer goods

Getting Started Is Easy

- Visit your landing page, www.myassistanceprogram.com/petermillar, and click on "Member Portal & App" in the top menu
- Register to create a new account using your company code: petermillar
- 3. A confirmation email will be sent to complete the process





Call: 800-788-8630

Visit: www.myassistanceprogram.com/petermillar Use This Code When Creating Your Account: petermillar

