

MIIA REWARDS TRAINING LIST

You may request seminars and trainings for employees and/or supervisors. They are typically 60-90 minutes in length and can be adapted to meet your specific needs.

CLICK HERE to submit an Employee Assistance Program training request form.

EMPLOYEE TRAININGS

Adjusting Through COVID: A Moment in Time	Emotional Intelligence at Work
Civility and Inclusion: Essential Ingredients for the Healthy Workplace	Expert Communication: Skills for Working Effectively with Others
Compassion Fatigue: Resiliency for Caregivers	From Private to Public Sector: Navigating the Transition
Continuous Growth Mindset	"I Pay Your Salary": Responding to Difficult Situations with the Public
Cultivating Mindfulness in Everyday Life	Managing Driver Fatigue
Cultural Awareness and Diversity	Mental Health Awareness
Customer Service Excellence: Reaching Down Deep	Negotiating Workplace Conflict
Dealing with Difficult People: Enhancing Your	The Opioid Epidemic: What Employees Need To Know
 Interpersonal Skills	Overcoming Departmental Divisions
Deescalation Techniques for Municipal Employees	Riding the Waves of Workplace Uncertainty and
Drawing A Line: Boundaries in the Workplace	Change
Embracing Stress: The New Science of Stress	Social Media Awareness in the Workplace
Embracing the New Normal	Working in the Multigenerational Workplace
-	Workplace Discrimination and Harassment Awareness





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MANAGEMENT TRAININGS

Anger Management: When Tempers Flare	From Problem to Productive: Effective Management of
Best Practices in Meeting Facilitation	Challenging Employee Situations
Bring Out the Best in People: Positive Management Techniques	Harassment Prevention Awareness: What Managers Need to Know
	Management Training for the New Manager
Communicating So Employees Will Listen	Managing the Multigenerational Workforce
Creating the Respectful Workplace: Meeting Halfway	
Critical Incidents: Developing Your Crisis Management Skills	Managing the Troubled Employee
	The Opioid Epidemic: What Managers Need To Know
Dealing with an Angry Public in a Post-Covid Environment: Best Practices for Municipalities	Performance Discussions: Timely Feedback and Performance Appraisals
Department of Transportation (DOT) Mandated Drug and Alcohol Training for Managers and Supervisors	Psychological First Aid for Managers and Supervisors
	Solutions to the Challenges of Shift Work
Diversity Awareness: Moving Towards a Bias Conscious Future	The Healthy Employee, The Healthy Employer
	Workplace Uncertainty: Managing Through Change
Drug and Alcohol Awareness: What Managers Need To Know	Workplace Violence Prevention Awareness

